

TRI-STATE WEBINAR SERIES

Sensory Processing: Self-Advocacy & Strategies: An Interview with Judy Endow

With Judy Endow, MSW, LCSW & Cara Woundy, M.S., OTR/L, M.E.d, CAGS



Tri-State 2016-2017 Webinar Series

Tri-State Autism Spectrum Disorder Webinar Series



This material was developed under a grant from the Colorado Department of Education. The content does not necessarily represent the policy of the U.S. Department of Education, and you should not assume endorsement by the Federal Government.

The content of this material was developed under an agreement from the Federal Department of Education to the Kansas Department of Education. However, those contents do not necessarily represent the policy of the Department of Education, and you should not assume endorsement by the Kansas Department of Education or the Federal Government. TASN Autism and Tertiary Behavior Supports does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Deputy Director, Keystone Learning Services, 500 E. Sunflower, Ozawie, KS 66070, [785-876-2214](tel:785-876-2214).

The contents of this power point presentation were developed under a grant from the Nebraska Department of Education, IDEA parts B and C from the U.S. Department of Education. However, this content does not necessarily represent the policy of the U.S. Department of Education and you should not assume endorsement by the Federal Government.

Tri-State 2016-2017 Webinar Series

We would like to thank the following for their assistance in the development of this Webinar



Cara Woundy M.S., OTR/L, M.E.d, CAGS



Jamie Lewis, M.S., OTR/L



Tri-State 2016-2017 Webinar Series

Judy Endow, MSW, LCSW



- Social worker
- Author
- International speaker
- Wisconsin statewide autism training team
- Autism Society of America
- Autism National Committee
- Common Threads Family Resource Center
- Private practice
- Artist

Tri-State 2016-2017 Webinar Series

Learner Objectives

Participants will:

- Gain an understanding of how sensory differences may impact an autistic person throughout their lifetime.
- Develop an understanding that the sensory solutions that one may employ to overcome undesirable sensory input are often considered problematic behaviors instead of recognizing that the individual is problem-solving and figuring out their sensory differences.
- Understand the necessity of having a broad range of strategies and tools that the person on the spectrum can choose from to meet their sensory needs across their lifetime.
- Learn about proactive strategies to prevent unwanted sensory input and ways to self-regulate including a sensory scan.
- Learn how individuals with autism advocate for their needs.

Tri-State 2016-2017 Webinar Series

References

- *Judy Endow: Aspects of Autism Translated*: <http://www.judyendow.com>
- Paradiz, V. (2009). *The Integrated Self-Advocacy ISA Curriculum: A Program for Emerging Self-Advocates with Autism Spectrum and Other Conditions*. Shawnee Mission, KS: AAPC Publishing. (This includes a section on the Sensory Scan™)

Tri-State 2016-2017 Webinar Series

Resources

- *Making Lemonade, Hints for Autism's Helpers* (CBR Press, 2006), shows how Judy has used the lemons of her autism to "make lemonade" in her own life.
- *Paper Words, Discovering and Living with My Autism* (AAPC Publishing, 2009) was 2010 International Book Award Finalist in Autobiographies/Memoirs.
- *The Power of Words: How we talk about people with autism spectrum disorders matters!* (AAPC Publishing, 2009). Judy received the 2010 Autism Society Media Excellence Award for her DVD.
- *Outsmarting Explosive Behavior, A Visual System of Support and Intervention for Individuals with Autism Spectrum Disorders* (AAPC Publishing, 2009)
- *Practical Solutions for Stabilizing Students With Classic Autism to Be Ready to Learn: Getting to Go* (AAPC Publishing, 2011).
- *Painted Words: Aspects of Autism Translated*, CBR Press.

Tri-State 2016-2017 Webinar Series

THANK YOU!

Judy Endow

www.judyendow.com



Tri-State 2016-2017 Webinar Series