Ready Hands

First make sure you have established approach behavior for you student

Typically, it is taught as clasped hands on the table, but may need to be adapted.

Adaptions could be any of the following:

hands resting on top of each other on desk

hands placed on cut out hand prints located on desk

hands placed behind the red taped line located on the desk

Hands should remain in position for a determined number of seconds. Later you may need a signal to indicate that the student can release hands or touch materials.

Teach as an imitation skill first.

Move to an LR.

When first teaching, use a promise reinforcer then move to intermittent reinforcement.

Use “Ready Hands” with caution!  Don’t use with every run through! If you say, “ready hands” multiple times it can become a CMO-R (warning signal for worsening conditions). This can result in problematic behavior or reduction in the skill of demonstrating ready hands.