## Social Emotional Character Development Standards K-2

**Character Development** 

- I. Core Principles
  - A. 1. Understand that core ethical and performance principles exist in classrooms, in the community and in homes.
  - A. 2. Identify and apply core principles in everyday behavior.
  - B. 1. Recognize and celebrate the natural, beneficial consequences of acts of character.
  - B. 2. Identify community needs in the larger community, discuss effects on the community, and identify positive, responsible action.
  - B. 3. Learn about ethical reasoning by giving examples of what makes some behaviors appropriate and inappropriate.
  - B. 4. Exhibit clear and consistent expectations of good character throughout all school activities and in all areas of the school.
  - B. 5. Learn about, receive, and accept feedback for responsible actions in academic and behavioral skills.
  - C. 1. a. Recognize characteristics of a caring relationship.
  - C. 1. b. Recognize characteristics of a hurtful relationship.
  - C. 1. c. Identify relationships in their family, school, and community that are caring.
  - C. 2. a. Demonstrate caring and respect for others.
  - C. 2. b. Describe "active listening".
  - C. 3. a. Recognize and define bullying and teasing.
  - C. 3. b. Illustrate or demonstrate the definitions of what "tattling" is and what "telling" or "reporting" is.
  - C. 3. c. Model positive peer interactions.
- II. Responsible Decision Making and Problem Solving
  - A. 1. a. Identify and illustrate safe and unsafe situations.
  - A. 1. b. State the difference between appropriate and inappropriate behaviors.
  - A. 1. c. Explain the consequences and rewards of individual and community actions.
  - A. 2. a. Identify what activities are scheduled for the day and how much time is spent on each.
  - A. 2. b. Identify and perform steps necessary to accomplish personal responsibilities in scheduled activities.
  - A. 3. a. Participate in individual roles and responsibilities in the classroom and in school.
  - A. 3. b. Recognize the various roles of the personnel that govern the school (all staff).
  - B. 1. Develop self-control skills (for example, stop, take a deep breath, and relax).
  - B. 2. Identify and illustrate the problem.
  - B. 3. Identify desired outcome.
  - B. 4. Identify possible solutions and the pros and cons of each solution.
  - B. 5. Identify and select the best solution.
  - B. 6. Put the solution into action.
  - B. 7. Reflect on the outcome of the solution.

## Personal Development

- I. Self-Awareness
  - A. 1. Identify and describe basic emotions.
  - A. 2. Identify a variety of emotions.
  - A. 3. Identify situations within my control that might evoke emotional responses.
  - A. 4. Identify my emotional responses to situations outside of my control.
  - B. 1. Identify personal likes and dislikes.
  - B. 2. Identify personal strengths and weaknesses.
  - B. 3. Identify consequences of behavior.
  - B. 4. Ask clarifying questions.
  - B. 5. Identify positive responses to problems (for example, get help, try harder, use a different solution)
  - B. 6. Identify people, places and other resources to go for help (parents, relatives, school personnel).
- II. Self-Management
  - A. 1. Identify and demonstrate techniques to manage common stress and emotions.
  - A. 2. Identify and describe how feelings relate to thoughts and behaviors.

- A. 3. Describe and practice sending effective verbal and non-verbal messages.
- A. 4. Recognize behavior choices in response to situations.
- A. 5. Identify healthy personal hygiene habits.
- B. 1. Describe personal responsibilities to self and others.
- B. 2. Describe responsibilities in school, home, and communities.
- B. 3. Describe how they react to getting help from others (for example, surprise, appreciation, gratitude, indifference and resentment).
- B. 4. Describe common responses to success, challenge, failure, and disappointment.
- C. 1. Understand the process of setting and achieving goals.
- C. 2. Identify personal goals, school goals, and home goals (for example, hopes and dreams).
- C. 3. Identify factors that lead to goal achievement and success.
- C. 4. Identify specific steps for achieving a particular goal.

## Social Development

- I. Social Awareness
  - A. 1. Label others' feelings based on verbal and non-verbal cues in different situations.
  - A. 2. Label possible sparks for emotions in others.
  - A. 3. Predict possible behaviors and reactions in response to a specific situation.
  - A. 4. Demonstrate an ability to listen to others.
  - A. 5. Demonstrate a capacity to care about the feelings of others.
  - B. 1. Describe ways that people are similar and different.
  - B. 2. Use respectful language and actions when dealing with conflict or differences of opinions.

## II. Interpersonal Skills

- A. 1. Initiate and engage in social interactions with peers, respond and maintain conversations with peers and adults.
- A. 2. Describe how words, voice tone, and body language communicate and can impact relationships positively and negatively.
- A. 3. Demonstrates active listening, sharing, and responding skills to identify the feelings and perspectives of others.
- A. 4. Understand the importance and demonstrate respect for personal space.
- A. 5. Recognize the difference between helpful and harmful behaviors in relationships.
- A. 6. Identify and report harmful behaviors in relationships for protection in unsafe situations.
- A. 7. Practice sharing encouraging comments.
- B. 1. Identify the multiple types of relationships in life.
- B. 2. Identify and practice appropriate behaviors to maintain positive relationships.
- B. 3. Develop self-regulation skills to prevent, manage, and resolve interpersonal conflicts constructively with guidance from adults.
- C. 1. Identify conflict and the feelings associated with the conflict.
- C. 2. Identify the feelings and behaviors contributing to the conflict.
- C. 3. Identify and practice healthy conflict resolution.
- C. 4. Develop self-regulatory skills to increasingly prevent, manage, and resolve interpersonal conflicts constructively.

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