

MONTHLY VISUAL SUPPORT



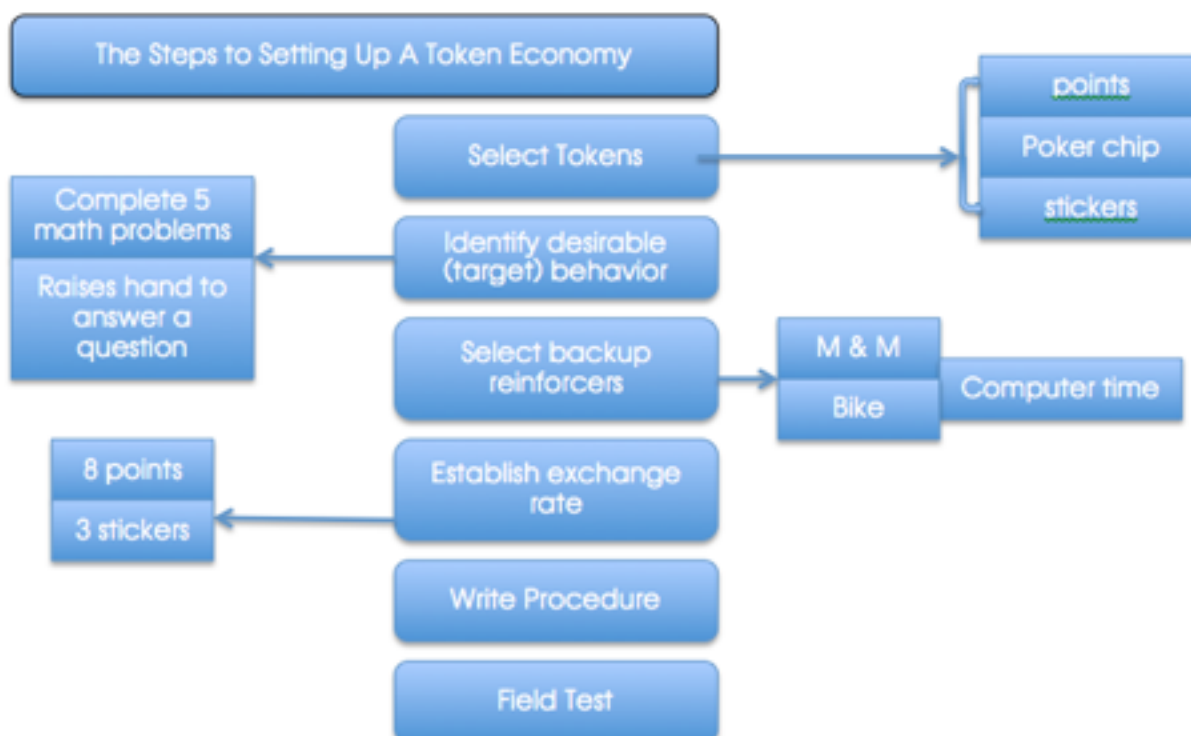
January 2014

Rebounding After the Holiday Break

By: Peggy Lawrence, TASN - ATBS Technical Assistance Coordinator

In the January, 2014 newsletter, Lee Stickle talks about getting back into the groove after holiday break by being ready with highly motivating activities, re-establishing routines, setting the tone with a high ratio of positive comments and meeting and greeting staff with the same enthusiasm as you do your students.

In addition to these strategies, some students may need additional individualized intervention to get back into the routine of the learning environment. One strategy to implement is a token economy. Token economies are based on the principles of Applied Behavior Analysis and emphasize the use of positive reinforcement to target behavior change. A token economy can be used to reinforce target behaviors and to teach new skills. Token economies help students by providing a visual of their progress, accepting and working for delayed reinforcement, learning to self-monitor and learning to regulate behavior. Let's take a look at the steps to implementing a token economy.



What it Looks Like

- 1 Child has no tokens and no access to desirable items or activities.
- 2 Child engages in desirable behaviours or "target behaviours".
- 3 Child is given tokens for engaging in these target behaviours.
- 4 Child trades their tokens for access to desirable items or activities.

Examples of Token Economy Systems

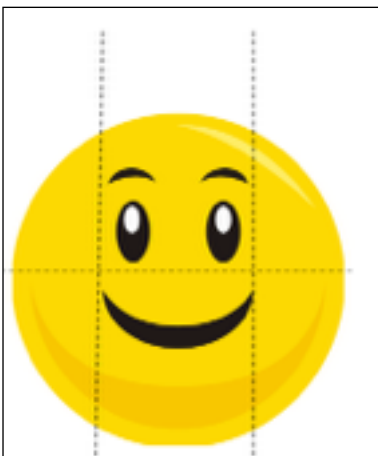


Image from: www.educateautism.com



Dora, Spiderman and John Deer token systems can be found on our website, <http://www.kansasasd.com/>, in the free classroom materials folder. Search "token systems".

Token Economy resources:
http://kc.vanderbilt.edu/kennedy_files/Token%20Economy%20Tips%20and%20Resources.pdf

<http://freeprintablebehaviorcharts.com>