

## VIRTUAL STRATEGIES TOOLKIT

Evidence-based Practices for Individuals with ASD and other Developmental Disabilities

# **RULES AND ROUTINES**

#### **REFERENCES**

- Bergstrom, R., Najdowski, A. C., & Tarbox, J. (2012). Teaching children with autism to seek help when lost in public. Journal of Applied Behavior Analysis, 45(1), 191-195.
- Buschbacher, P., Fox, L., &Clarke, S. (2004). Recapturing desired family routines: A parent-professional behavioral collaboration, Research and Practice for Persons with Severe Disabilities, 29, 25-39.
- Clarke, S., Dunlap, G., & Vaughn, B. (1999). Family-centered, assessment-based intervention to improve behavior during an early morning routine. Journal of Positive Behavior Interventions, 1,235-241.
- Kashinath, S., Woods, J., &Goldstein, H. (2006). Enhancing generalized teaching strategy use in daily routines by parents of children with autism. Journal of Speech, Language, and Hearing Research, 49, 466-485.
- Miltenberger, C., & Charlop, M. (2014). Increasing the athletic group play of children with Autism. Journal of Autism & Developmental Disorders, 44(1), 41-54.
- Mruzek, D., Cohen, C., & Smith, T. (2007). Contingency contracting with students with autism spectrum disorders in a public school setting. Journal of Developmental and Physical Disabilities, 19, 103-114.
- Ökcün, M., &Akçin, N. (2012).A description of a mother's play guidance for her child with autism in the process of playing by the rules. Journal of Research in Special Educational Needs, 12(2), 96-106.
- Salazar, M. J. (2012). Home–School Collaboration for embedding individualized goals in daily routines. Young Exceptional Children, 15(3), 20-30.
- Schmit, J., Alper, S., Raschke, D., & Ryndak, D. (2000). Effects of using a photographic cueing



package during routine school transitions with a child who has autism. Mental Retardation, 38,131-137.

Watts, A., Wilder, D., Gregory, M., Leon, Y., & Ditzian, K. (2013). The effect of rules on differential reinforcement of other behavior. Journal of Applied Behavior Analysis, 46(3), 680-684.Resource List

### Resources

Classroom Routines. Managing a Happy Classroom: About.com

http://specialed.about.com/od/classroommanagement/a/ClassroomRoutines.htm This is an article about using rules and routines to establish acceptable behaviors. These books listed below provide multiple examples of visual environmental supports and how they can be used.

Hodgdon, L. A. (1999). Solving behavior problems in autism. Troy, MI: Quirk Roberts Publishing.

Hodgdon, L. A. (1999). Visual strategies for improving visual communication: Volume I:

Practical support for school and home. Troy, MI: Quirk Roberts Publishing.

Janzen, J. E. (1998). Understanding the nature of autism: A practical guide. San Antonio, TX: Psychological Corporation.

McClannahan, L. E., & Krantz, P. J. (1999). Activity schedules for children with autism: Teaching independent behavior. Bethesda, MD: Woodbine House.

Quill, K. (1995). Teaching children with autism: Strategies to enhance communication and socialization. Clifton Park, NY: Thomson Delmar Learning.

This material was developed under a grant from the Colorado Department of Education. The content does not necessarily represent the policy of the U.S. Department of Education, and you should not assume endorsement by the Federal Government.

The content of this material was developed under an agreement from the Federal Department of Education to the Kansas Department of Education. However, those contents do not necessarily represent the policy of the Department of Education, and you should not assume endorsement by the Kansas Department of Education or the Federal Government. TASN Autism and Tertiary Behavior Supports does not discriminate on the basis of race, color,

#### Tri-State Autism Collaborative Virtual Strategies Toolkit – Priming



national origin, sex, disability, or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Deputy Director, Keystone Learning Services, 500 E. Sunflower, Ozawkie, KS 66070, 785-876-2214.

The contents of this handout were developed under a grant from the Nebraska Department of Education, IDEA parts B and C from the U.S. Department of Education. However, this content does not necessarily represent the policy of the U.S. Department of Education and you should not assume endorsement by the Federal Government.