

# Leading My IEP Meeting

## You Can Lead Your IEP Meeting

Your Individualized Education Program (IEP) is done each year. It helps your team know what you need to succeed in school and to prepare for life after high school. It's important to tell your team about yourself.

### Who are you?

- Strengths
- Interests
- Needs
- Challenges



### What do you want to do after high school?

- Work
- College, Vo-tech, trade school
- Live alone or with friends
- Activities in your community

### What do you need?

- Help to learn new things
- Classes you need to take
- People who can help
- Extracurricular activities



Topeka (800) 264-6343 or (785) 233-4777  
Garden City (888) 820-6364 or (620) 276-6364  
Wichita (888) 815-6364 or (316) 945-7747  
Spanish (800) 499-9443

Families Together, Inc., Parent Training & Information Center (PTI) for Kansas



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## Getting Ready



### Before your IEP meeting

- Talk to your parents and teachers
- Know who is on your IEP team
- Invite people who know you
- Create a PowerPoint, video or portfolio
- Write down what you want to say

### During your IEP meeting

- Introduce yourself
- Talk about your strengths, interests and needs
- Ask questions
- Share your goals



### Include in your IEP



- Goals for the future
- What you need to learn this year
- What supports you need
- Who will help you
- Accommodations you need

### Why is your IEP meeting important?

- It's about you
- Strengthens communication and social skills
- Helps you learn to advocate for yourself
- Focuses on building skills and reaching goals

Discover what really matters to you...one step at a time!