

Social Competency Resources

Author	Title & Link	Description	Cost	In TASN library?
Attwood, T.	Exploring Feelings: Anger: Cognitive Behaviour Therapy to Manage Anger	This program includes 6 two-hour sessions with activities to explore feelings. Includes a teacher guide and student workbook to identify situations and appropriate ways to respond. Recommended for ages 9-12, but can be modified for older or younger students.	\$15.56	yes
Attwood, T.	Exploring Feelings: Anxiety: Cognitive Behaviour Therapy to Manage Anxiety	This program is similar to Dr. Attwood's similar book on anger. Includes a teacher guide and student workbook to identify emotions and the physiological effects of anxiety on the body. Recommended for ages 9-12, but can be modified for older or younger students.	\$15.97	yes
Baker, J.	No More Victims: Protecting Those with Autism from Cyber Bullying, Internet Predators, and Scams	This manual focuses on teaching individuals with ASD what cyber bullying is, how to prevent it, and how to respond to it. Focuses on cyber bullying, online sexual predators, and internet scams.	\$14.95	no
Baker, J.	Preparing for Life: The Complete Guide for Transitioning to Adulthood for Those with Autism and Asperger's Syndrome	This resource addresses perspective taking, non-verbal communication, conflict management, goal-setting, and stress management. Includes methods for assessing social skill needs, instruction, and generalization. Lessons include direct instruction, modeling, and role-playing.	\$34.95	yes
Baker, J.	Social Skills Picture Book	This book contains photos of a variety of social situations that demonstrate incorrect and correct ways of interacting and responding in a variety of circumstances. The scenarios illustrate the positive and negative consequences of both ways of interacting.	\$59.95	yes
Baker, J.	Social Skills Picture Book for High School and Beyond	Photos of various social situations demonstrate incorrect and correct ways of interacting. The skills depicted can be read, role-played, and practiced in real life situations. Topics include	\$59.95	yes

		conversations, conflict resolution, asserting your feelings, asking someone out on a date, and dealing with mistakes.		
Baker, J.	Social Skills Training	This book provides lessons and activities targeting skills that include assertiveness, empathy, self-regulation, and conflict management. Lessons are taught using a structured learning format utilizing the components of didactic instruction: modeling, role-playing, reviewing the skill, and practicing the skill. Examples of visual supports, cognitive picture rehearsals, and social narratives are included as well as reproducible charts, worksheets, and graphic organizers.	\$39.95	yes
Bellini, S.	Building Social Relationships 2	This book provides a comprehensive, 5-step model of how to address social skills for children and adolescents through designing effective social programming.	\$39.95	yes
Bernard-Opitz, V., & Haubler, A.	Visual Support for Children with Autism Spectrum Disorders	This book includes photos and descriptions of visual supports and tasks to support appropriate social behaviors in students with autism.	\$34.95	yes
Boucher, C. & Oehler, K.	<u>I Hate to Write</u>	This book provides ideas and examples of how to support self-regulation within the writing process.	\$25.00	yes
Buron, K. & Curtis, M.	The Incredible 5-Point Scale	The Incredible 5 Point Scale is a visual strategy used to teach self-awareness, self-management, and emotional regulation. The scale can be adapted for a variety of ages and ability levels.	\$19.95	no
Buron, K.	A 5 is against the Law!	This book is geared towards adolescent age students who have difficulty understanding and maintaining social boundaries. Examples and hands-on activities are included and can be combined with the Incredible 5-Point Scale.	\$20.95	yes
Buron, K., Brown, J., Curtis, M., & King, L.	Social Behavior and Self-Management	This book is geared towards adolescents and adults and provides multiple examples of 5-Point Scales used for emotional regulation, friendship, relaxation, and other topics.	\$23	yes
Cannon, L., Kenworthy, L, Alexander, K., Wemer, M., & Anthony, L.	Unstuck & On Target	This is a curriculum geared toward students with autism ages 8-11 to improve executive function abilities. Lesson topics include goal-setting, identifying feelings, coping strategies, and more. Lesson plans, reproducible handouts, and visual supports are included.	\$46.95	no
Cardon, T.	Let's Talk Emotions	This book contains lessons for students with social cognitive deficits to support the understanding and expression of empathy and emotions. Lesson plans, games, and visual support ideas are included.	\$24.95	no

Cohen, M., & Sloan, D.	Visual Supports for People with Autism	This book includes photos and descriptions of visual supports and tasks to support appropriate social behavior in students with autism. Visual supports for communication, goal-setting, and empathy are included.	\$11.52	yes
Collucci, A.	Big Picture Thinking	Big Picture Thinking is based on central coherence theory and focuses on helping students to better understand social behaviors, perspective taking, communication, feelings and emotions, self-control, and relationships. It is designed as a workbook for a student to work through with an adult. Reproducible visual supports are included.	\$24.95	no
Combs, L.	Geared Up for Success	Evidence based practices such as scripting, visual supports, social narratives, reinforcement, and video modeling are utilized in this book to teach students social skills, self-regulation, and academic skills.	\$21.95	yes
Combs, L.	Push to Open	This book provides strategies to use with students to promote self-regulation, communication, and self-management within the Universal Design for Learning framework.	\$20.95	yes
Coucouvanis, J.	Super Skills, A Social Skills Group Program for Children with Asperger Syndrome, High Functioning Autism and Related Challenges	This book provides social skills activities to help students with autism and other social deficits. Lessons are organized into four categories of skills: fundamental skills, social initiation, getting along with others, and social responses. Lessons, checklists, and instruments for assessing student social skills levels are included.	\$39.95	yes
Cumpato, J. & Fell, S.	Quest Programs: I: Social Skills Curriculum for Elementary students with Autism	 Quest Program 1 helps students acquire social and pragmatic skills by combining written instructions with games, stories, and role-playing. 	\$24.95	no
	II: Social Skills Curriculum for Middle School Students with Autism	 Quest Program 2 is a 6-unit program to help students acquire social and pragmatic skills by combining written instructions with games, activities, and social interaction. The 6 units are: School Survival Basics, Understanding and Managing Emotions, Communication Skills, Making Friends & Interacting with Peers, Personal Safety, and Vocational Readiness. 	\$24.95	no
Dunn, M.	S.O.S. Social Skills in Our Schools	This curriculum is designed to help students with autism learn appropriate social skills, and to cultivate understanding and acceptance with typical peers and school staff.	\$39.95	no

Freeman, S. &	Teach Me Language	This program is designed to be used by parents or therapists as	\$59.95	no
Dake, L.		part of a therapy program to teach social language skills.		
Groden, J., Kantor,	How Everyone on the Autism Spectrum,	Based on concepts of positive psychology, this book covers five	\$14.99	no
A., Woodar, C., &	Young and Old, can become Resilient, be	positive character traits including optimism, humor, self-efficacy,		
Lipsitt, L.	more Optimistic, enjoy Humor, be Kind,	kindness, and resiliency. Evidence based practices such as visual		
	and increase Self-Efficacy	supports and task analyses are used within lessons to teach		
		students these important character traits. Visual support		
		examples are included.		
Heighway, S. &	S.T.A.R.S. A Social Skills Training Guide for	This social skills program created for adolescents and adults with	\$19.95	no
Webster, S.	Teaching Assertiveness, Relationship Skills,	developmental disabilities focuses on the following four areas:		
	and Sexual Awareness	Understanding Relationships, Social Interaction, Sexual		
		Awareness, and Assertiveness. Assessment tools are included to		
		help identify strengths and needs in order to plan and		
		individualize lessons.		
Jaffe, A. &	My Book Full of Feelings	This is an interactive book designed to teach children to identify	\$28.95	no
Gardner, L.		and respond appropriately to their emotions. A communication		
		pad is included for tracking and sharing information between		
		home and school.		
Killion, W.	Functional Independence Skills Handbook	This handbook includes an assessment and curriculum focusing on	\$79.00	No
		activities in daily life. Sample lesson plans are included and list		
		the specific task, prerequisite skills, concept behavioral objective,		
		materials, and a task analysis.		
Kinney, J. &	Social Standards at School	This book focuses on 53 social skills that occur daily in the school	\$69.00	no
Kinney, T.		setting. Each skill is broken down into 5 steps that include teacher		
		guidelines and benchmarks, a student problem-solving checklist,		
		and a student self-monitoring sheet. Designed for students with		
		high functioning autism.		
Kluth, P. &	Just Give Him the Whale	Students with autism often have highly focused areas of interest	\$19.95	yes
Schwarz, P.		and expertise. When educators utilize this areas of interest		
		students often expand their communication skills, develop social		
		interaction skills, have less anxiety, and become more engaged		
		which can lead to an increase in self-efficacy. Just Give Him the		
		Whale provides strategies to incorporate high interest topics into		
		lesson plans and routines and includes sample lesson forms.		
Koski, P.	Autism & PDD Picture Stories & Language	This 8 book set is geared towards students ages 12-17 and focuses	\$159.75	no
	Activities Social Behaviors Self-Control 5-	on identifying appropriate/inappropriate social behaviors, what		
	Program Set	triggers inappropriate behaviors, how to decrease impulsive		

Kuypers, L.	The Zones of Regulation	behavior and how to increase self-control. Each book contains full color photos and is written in a predictable format. Other materials include a teacher lesson plan book, story cards, and question flash cards. The lessons can be used in a small group, one-on-one, or class setting. The Zones of Regulation is a conceptual framework used to teach students with neurobiological and mental health disorders self-	\$48.00	Will have April
		regulation skills. This curriculum consists of lessons and activities designed to teach students: recognizing emotions in themselves and others; perspective taking; calming and alerting strategies; and problem solving skills. Lessons are designed for students of average to above average intellect from preschool on up and are visually based.		
Laugeson, E.	The PEERS Curriculum for School-Based Professionals	This curriculum provides lessons for higher functioning adolescents with autism as well as young adults with depression, anxiety, and other social challenges. The program is comprehensive, and is designed to be delivered in its entirety and in the order provided. Lessons included address conflict management and focus on handling arguments, teasing, embarrassing feedback, bullying, and cyberbullying.	\$49.76	no
LoGuidice, C. & Johnson, P.	Spotlight on Social Skills Adolescent 6 Booklet set	This program was designed for students ages 11-18 who need direct instruction and guided practice to acquire and master skills. Activities included in each book include explicit teaching, modeling, observation, discussion, and role-playing to target specific social skills. The 6 books included are: Nonverbal Language; Making Social Inferences; Emotions; Conversations; Getting Along; and Interpersonal Negotiation.	\$89.70	no
Mahler, K.	Interoception: The 8th Sensory System	This book provides information on interoception and its' affect on individuals with autism. Strategies to teach perspective taking and empathy, self-awareness, and self-regulation are included.	\$29.95	yes
Mannix, D.	 Social Skills Activities for Special Children Social Skills Activities for 	 This book provides ready-to-use lessons, complete with reproducible worksheets, to help children become aware of acceptable social behavior and develop proficiency in acquiring basic social skills. This book includes 200 ready-to-use worksheets to help 	\$22.12	no
	Secondary Students with Special Needs	adolescents build the social skills they need to interact	\$19.93	no

		effectively with others and learn how to apply these skills		
		to various real-life settings, situations, and problems.		
Mataya, K.	Successful Problem-Solving for High	This book provides a simple problem-solving visual aid to support	\$19.95	yes
	Functioning Students with ASD	students in learning how to solve problems or resolve conflicts.		`
		Evidence based practices such as scripting, video modeling, and		
		reinforcement are included as tools to help teach the various		
		steps of the problem-solving chart. Case studies and reproducible		
		forms are included.		
McAfee, J.	Navigating the Social World: A Curriculum	Lessons in this curriculum include activities and strategies to teach	\$27.90	yes
	for Individuals with Asperger's Syndrome	emotions, how to recognize and prevent stress, and everyday		
	and Related Disorders	social communication. Visual supports are included.		
McGinnis, E. &	 Skillstreaming Children and Youth 	This curriculum focuses on skill groups in the following	\$42.29	yes
Simpson, R.	with High Functioning Autism	areas: relationship skills; social comprehension; self-		
		regulation; problem-solving; understanding emotions;		
		and school-related skills. Lessons incorporate modeling,		
		role-playing, feedback, and a plan for generalization.		
		Materials include a CD with reproducible forms, an		
		outline for the leader, homework reports, skill checklists,		
McGinnis, E.	 Skillstreaming in Early Childhood 	and evaluation forms.	\$46.99	
		The early childhood version of Skillstreaming utilizes the		
		same four-part training approach (modeling, role-		
		playing, feedback, and generalization) and includes 40		
		skills in the following areas: beginning social skills;		
		school-related skills; friendship-making skills; dealing		
McCinnic F	GLIN A STATE OF THE STATE OF TH	with feelings; alternatives to aggression; and dealing with	\$46.99	
McGinnis, E.	Skillstreaming the Elementary Color and Child	stress. Program forms and checklists are included	\$46.99	
	School Child	Skillstreaming for elementary age children targets 60		
		social skills in the areas of: classroom survival skills;		
McGinnis, E.,	GLILL ALL ALL ALL ALL ALL ALL ALL ALL ALL	friendship-making skills; dealing with feelings;	\$46.99	
Sprafkin, R.,	Skillstreaming the Adolescent	alternatives to aggression; and dealing with stress.	J40.33	
Gershaw, N., &		Skillstreaming for adolescent age children targets 50 said skills in the fall swing agency also are agreed in the fall swing agency also are agreed in the fall swing agency and agency are agreed in the fall swing agency and agency agency and agency agency and agency agenc		
Klein, P.		social skills in the following areas: classroom survival		
Melli, I .		skills; friendship-making skills; dealing with feelings;		
		alternatives to aggression; and dealing with stress.		
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McKinnon, K. & Krempa, J. Myles, H. & Kolar,	Social Skills Solutions: A Hands-on Manual for teaching social skills to children with autism The Hidden Curriculum and Other	Geared towards learner with Autism Spectrum Disorder, this hands-on manual provides instruction in setting up a social skills program based on the principles of Applied Behavior Analysis. Topics are broken down into simple steps and utilize instructional strategies including visual supports and video-modeling. A social skills assessment and examples of visual supports are included. • This book provides no nonsense advice to children with	\$25.30 \$14.95	yes
A.	Everyday Challenges for Elementary-Age Children with High Functioning Autism	high functioning autism on how to handle common everyday situations that most people learn automatically, but have to be directly taught to individuals with social challenges.		
Myles, B., Endow, J., & Mayfield, M.	The Hidden Curriculum of Getting and Keeping a Job: Navigating the Social Landscape of Employment: A Guide for Individuals with Autism Spectrum and Other Social-Cognitive Challenges	 The Hidden Curriculum of Getting and Keeping a Job provides important information on a variety of topics related to acquiring and maintaining a job such as interviewing, finding a mentor, and using agencies. Instruction on understanding the subtle messages that others learn automatically, but has to be directly taught to individuals with social challenges, is provided. 	\$19.95	yes
Myles, B., Trautman, M., & Schelvan, R.	The Hidden Curriculum for Understanding Understanding Understanding Unstated Rules in Social Situations for Adolescents and Young Adults	The Hidden Curriculum for Understanding Unstated Social Situations for Adolescents and Young Adults includes information on evidence based practices related to social learning. Included with this book are instructional aids such as charts, forms, and templates.	\$19.95	yes

Quill, K. & Brusnahan, L.	Do Watch Listen Say	This book contains a comprehensive intervention guide and activities for children who are verbal or non-verbal. Includes an assessment tool, strategies to build social play, group, and communication skills. Includes data collection forms and guidelines.	\$62.25	no
Reese, P. & Challener, N.	Autism & PDD Adolescent Social Skills Lessons 5 Book Set	This five book set for students ages 12-18 includes instructional and behavioral lessons to teach students what they need to say or do in social situations and can be used in group or one-on-one settings. Books included are: Health & Hygiene; Interacting; Managing Behavior; Secondary Schools; and Vocational. Each book contains 40 ready to use lessons that can be customized to individual students. The books utilize pictures and social scripts. This set can be purchased in print, CD, or cloud e-book form.	\$124.75	no
Reese, P. & Challener, N.	Autism and PDD Social Skills Lessons	This set includes five books with 40 lessons in each. Book titles are: School; Community; Behavior; and Getting Along. The books focus on skills necessary for successful inclusion and lessons teach "unwritten" rules that typical children learn through observation. Includes progress forms and tracking sheets. Ages 3-8.	\$124.75	yes
Siperstein, G. & Rickards, E.	Promoting Social Success	This book includes 66 activity based lessons to teach children cognitive skills for social behavior. Topics include assessing emotional states, developing coping mechanisms, identifying and interpreting social cues, setting appropriate social goals, generating problem-solving skills, and friendship and relationship skills. Resources include handouts, illustrations, and books and videos to utilize with the lessons.	\$49.95	no
Smith, M.	Teaching Play Skills	This manual addresses elements of play and how to incorporate them into the lives of children with autism and/or developmental	\$22.16	no

		disabilities. Discusses peer interactions and the dynamics of play groups for preschool and school age children.		
	STAR Autism Support	The Star program is designed specifically for individuals with autism and developmental disabilities. This program uses ABA instructional methods to teach functional routines and social skills. Includes lesson plans, teaching materials data systems, and a curriculum based assessment. The Star program is aligned to the Common Core standards.	\$1149	no
Walker, H., Todis, B., Holmes, D., & Horton, G.	Walker Social Skills Curriculum: Access	Designed for students in grades 6-12, this program focuses on peer-to-peer skills, skills for relating to adults, and self-management skills and can be used in one-on-one, small-group, or large group formats.	\$75	yes
Wehman, P., Smith, M., & Schall, C.	Autism and the Transition to Adulthood	This book is a practical guide for for educators who work with young adults with autism as they transition to adulthood. Includes strategies to promote social skills.	\$39.95	no
Wehmeyer, M.	Promoting Self-Determination in Students with Developmental Disabilities	This book includes information on teaching components of self-determination including choice-making, problem-solving, goal-setting and attainment, self-advocacy, and self-regulated learning.	\$30.00	no
Wilkens, S. & Burmeister, C.	FLIPP the Switch: Strengthen Executive Function Skills	Strategies to teach executive function skills to individuals ages 3-22 are included in this book. Specific instructions, templates, and how-to scenarios for 25 strategies, five strategies for each of the five FLIPP components – flexibility, leveled emotionality, impulse control, planning, and problem solving are included.	\$24.95	yes
Wilson, C.	Room 14: A Social Language Program	This book provides activities to practice social situations such as greetings, conversation, how to say no, how to complain, using self-control, and being responsible. Activities can be used one-on-one or in a group.	\$61.95	no
Winner, M.	Social Thinking Resources • Think Social	Think Social is a core social thinking book and provides step-by-step methods to teach social cognitive and communicative skills. This book contains 69 lessons on the basics of working and thinking in a group and includes instruction in topics such as communication, perspective taking, self-monitoring, self-awareness, and reading emotions.	\$86	yes

•	Inside Out: What Makes a Person with Social Cognitive Deficits Tick?	 Inside Out includes techniques to help students identify and overcome weaknesses, leading to the acquisition of skills such as initiating conversations or activities, listening and attending, understanding abstract language, taking others' perspectives, and seeing the big picture. Instruction is provided in how to break down these skills into manageable concepts and suggests teaching methods. 	\$26	yes
•	Social Behavior Mapping	 Social Behavior Mapping uses a cognitive behavior strategy to teach specific relationships between behaviors, others' perspectives, others' actions, and the student's own emotions. SBM is a visual tool and can be used for a range of topics for the home, community, and school. 	\$24	yes
•	Thinksheets for Teaching Social Thinking and Related Skills	Thinksheets can be used with other social thinking materials. These worksheets can be adapted or modified for various types of learners and cover topics such as goal-setting, self-monitoring, self-awareness, friendship, conversation, group work, emotions, perspective taking, and problem-solving.		

	Multimedia Resources		
Title & Link	Description	Cost	In TASN library?
Autism and PDD Picture Stories &	These APPS instruct students in appropriate and inappropriate ways to act in a variety of	"lite"	no
Language Activities Social Skills Apps	social settings including: home; community; school; and with friends. Interactive language activities are included with immediate audio and visual feedback. Ages 3-8.	apps are free; full apps are \$19.95 each.	
Enhance Social Skills	This curriculum focuses on the development of 50 important social skills. Step-by-step instructions are provided through video-modeling, photo=based directions, and role-playing. Print materials and multimedia software are used for instruction. QR codes are used for corresponding videos.	\$249	no
Enhance Transition	The Enhance: Transition curriculum focuses on self-determination and independent living and includes activities for emotional, social, and independent living skills. The Explore Social Skills 2 student book includes instruction in understanding emotions, facial expressions, and social behavior. Also included is a microwave cookbook and a Living on Your Own Survival Guide. This curriculum utilizes print materials, software, and manipulatives.	\$279	no
Language for Theory of Mind	This software program helps students learn verbs of perception and intention necessary to understand what others can or cannot perceive. This program also introduces verbs of intention/desire that people use to communicate their wants and needs in order to help students understand that other people's wants and needs impact their behavior.	\$79	no
Mind Reading	The Mind Reading software allows individuals to explore over 400 different emotions. Video clips are provided with emotions performed by 6 different people. Also included is the Learning Centre that contains lessons and quizzes to test recognition of emotions and the Game Zone where individuals can learn about emotions in a less structured setting.	\$136	no
Model Me Kids Videos, Apps, & Software	Video based curricular sets that include teaching manuals, lesson plans, worksheets, activities, DVD's progress monitoring, reinforcement charts, and more in order to teach appropriate social behaviors for individuals with autism ages 2-21.	Varies	no
Superheroes Social Skills Program	This comprehensive social skills program is geared towards students in grades K-6 and was designed to improve the social skills of students with autism and/or developmental disabilities. 17 critical social skills are introduced by the Superhero characters in animated videos. Social skills include expressing wants and needs, recognizing emotions in yourself and others, perspective taking, recognizing and responding to bullying, participating, body basics, and more. Instructional strategies include video modeling, role-playing, and social narratives. This set includes 3 DVD's, a CD of reproducible worksheets, a spinner, card sets, a	\$865	no

	role-play booklet, a facilitator guidebook, an 8 pack of consumable student booklets, and 18 group posters.		
TeachTown Social Skills	TeachTown Social Skills is a computer-delivered, teacher led comprehensive curriculum for elementary age students (middle school TeachTown is coming soon). Each lesson includes character based video modeling in the animated episode. Five teacher directed lessons include extension and homework activities, a comic book activity, a worksheet, a visual support, a assessment, and data forms. Instruction is delivered through ABA procedures.	Varies	no
The Social Express	Animated interactive webisodes geared for students ages pre-K-12 provide instruction in 8 target skills: Self-Management, Conflict Resolution, Coping Strategies, Group Participation, Attentive Listening, Relationship Management, Non-verbal Communication, and Conversations. On and offline activities. Teacher plans, assessments, progress reports, quizzes, songs, and worksheets are included.	Varies	no

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