**** **Example Worksheet for**

**Operationally Defining the Target Behavior**

Operationally defining target behaviors contain 4 key components: Label, Definition, Examples and Non-Examples. The definition, should be:

1. **Objective:** This means they are measurable and have observable characteristics.

2. **Clear:** Should be distinct, explicit, obvious and clear so another person can read it and measure it.

3. **Complete:** It should include language that directs the observer in all situations, leaving little to judgment (i.e., examples and non-examples).

Target Behavior: Give it a **label**.

Example: Off-task

Write the **definition** of a target behavior:

Example definition of off-task behavior: Attending to activities other than direct instruction or instructor-led activities.

**Non-Examples:**

* Attending to work assigned
* Using materials for instructional activities
* Following classroom talking level expectation

**Examples**:

* Laying head on desk
* Fidgeting with non-instructional materials
* Talking to peers

Example of Complete **Operational Definition of Target Behavior**:

Off-task behavior refers to attending to activities other than direct instruction or instructor-led activities. This looks like lying head down on the desk, fidgeting with non-instructional materials and talking to peers. Non-examples include attending to work assigned, using materials for instructional activities and following the classroom talking level expectation.

**** **Activity Worksheet for**

**Operationally Defining The Target Behavior**

Target Behaviors contain 3 elements:

1. **Objective:** This means they are measurable and have observable characteristics.

2. **Clear:** Should be distinct, explicit, obvious and clear so another person can read it and measure it.

3. **Complete:** It should include language that directs the observer in all situations, leaving little to judgment (i.e., examples and non-examples).

**Definition** of Target Behavior

**Label** of Target Behavior:

**Non-Examples:**

**Examples**:

Complete **Operational Definition of Target Behavior**:

Cooper, J. O., Heron, T. E., & Heward, W. L. (2007). *Applied behavior analysis*, 2nd ed. Upper Saddle River, N.J.: Pearson Prentice Hall . Pgs. 65-69.

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